

# Virtual Membership



Everest Health's Virtual Membership delivers personalized, longevity-focused primary care with the flexibility to meet you wherever you are. Ideal for those living out of state or preferring remote access, this membership integrates advanced diagnostics, proactive medical guidance, and evidence-based strategies to extend healthspan and support long-term vitality.

## 12 MONTH MEMBERSHIP

### WHAT IS INCLUDED

**RATE \$2999**

- Comprehensive initial consultation, up to 60-min (\$450)
- Individualized Methuselah Protocol (\$1900)
- Individualized Methuselah Protocol labs (2) (\$400 value)
- Comprehensive lab review (2), up to 60-min (\$900 value)
- Virtual physical exam (2) (\$1000 value)
- Intensive cognitive, emotional, and integrative health assessments (\$900 value)
- Biological age assessment (2) (\$2000 value)
- Skilled provider sessions (4), up to 60-min each, includes virtual physicals and lab reviews
- Skilled coaching sessions (6), up to 30-min each (\$1200 value)
- Access to discounted medications
- 12-month prescribing rights

**VALUE \$8750 SAVE \$5751**

## Frequently Asked Questions

### HOW ARE MY PROVIDER VISITS USED?

The Virtual Membership includes four hours of provider time per year, typically structured as four 60-minute visits.

- Two of these visits are reserved for essential components of your care: comprehensive lab review and your personalized Methuselah Protocol™ consultation twice a year.
- The remaining two hours are fully discretionary and may be used for additional provider time in 15- to 60-minute increments, depending on your needs and goals throughout the year

### CAN I ADD AN EXECUTIVE PHYSICAL EXAM?

Yes – you have the option to add an in-person physical exam at a heavily discounted rate of \$1200 (\$3800 value). This comprehensive exam complements your virtual care by providing a hands-on assessment to support your longevity goals. [Click here](#) for more information on what is included in the Executive Physical Exam.

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