



Executive *Physical*

Everest Health's Executive Physical combines personalized medical care, advanced diagnostics, and longevity-focused interventions to optimize health, slow biological aging, and extend your healthspan.

6 MONTH PROGRAM

WHAT IS INCLUDED

RATE \$2000

- Individualized Methuselah Protocol
- Biological age testing
- 170-point physical exam
- VO₂Max (Volume of Oxygen Maximum) testing
- RMR (Resting Metabolic Rate) testing
- Gold standard body composition
- Functional measures of health
- Pulmonary function testing
- EKG testing
- Individualized Methuselah Protocol labs
- 60-minute in-depth lab results review
- 6-month refill rights for medications prescribed during those visits

VALUE \$3800 SAVE \$1800

Frequently Asked *Questions*

HOW IS THIS DIFFERENT FROM A MEMBERSHIP?

The Executive Physical is a focused 6-month program designed for optimized individuals seeking in-depth diagnostics, personalized analysis, and access to targeted longevity interventions with fewer ongoing consultations. In contrast, the Base Camp, Ascend and Summit Memberships are comprehensive 12-month commitments that offers more frequent and in-depth appointments and continuous care, ideal for those looking for ongoing support and guided health optimization over time.

ARE ADDITIONAL VISITS AVAILABLE IN THIS PROGRAM?

Yes. Additional visits for new prescriptions are available at \$450 for 60 minutes or \$225 for 30 minutes. Duration is determined by your provider.

866.EVER.888 | [GOEVEREST.COM](https://goveverest.com)

8065 LEESBURG PIKE, SUITE 100 VIENNA, VA 22182

Live Long. Live Well.